NaturesPlus

Turkey Sliders with California Pepper Fig Salsa

INGREDIENTS

Sliders:

20 oz lean ground turkey

1 cup finely minced dried figs

1/4 cup sliced green onions

2 tbsp chopped fresh herbs,

or to taste

3/4 tsp sea salt

1 cup baby arugula

12 small dinner rolls sliced in

half horizontally

Salsa:

2 ½ cups diced fresh figs

1/2 cup diced red bell pepper

1/2 cup golden raisins

2 green onions, thinly sliced

1 jalapeño pepper, stemmed, seeded and minced

1 tbsp fresh lemon juice

1/2 tsp ground ginger

- 1. Combine salsa ingredients in a medium bowl, stir, cover and chill for several hours.
- Combine turkey, dried figs, green onions, herbs and sea salt in a medium bowl; combine well. Divide and shape into 12 small, flat burgers. Generously oil a grill and cook over medium-high heat for 3 to 5 minutes a side until done (165°F).
- 3. Arrange a few arugula leaves on the bottom half of each roll; top with burger and some salsa. Replace tops and serve with additional salsa.

Yields 12 sliders

Source: Reprinted with permission from California Fig Advisory Board

recipes