NaturesPlus

Strawberry Banana Protein Smoothie

INGREDIENTS

- 4 frozen strawberries
- 1/2 banana, frozen
- 1 cup almond milk
- 1 tsp vanilla extract
- 1 scoop Strawberry SPIRU-TEIN
- Combine ingredients in a large, high-powered blender, such as a Vitamix, and blend until smooth and creamy.

Yields 1 serving

