

# Rêve de Vanille en Chocolat Shake

## INGREDIENTS

<b>2 scoops SPIRU-TEIN Vanilla powder</b>	<b>3 cups almond milk</b>
<b>3 Medjool dates</b>	<b>½ banana</b>
<b>2 tbsp cocoa powder</b>	<b>½ cup coffee</b>
<b>2 tbsp peanut butter</b>	<b>2 cups ice</b>

1. Combine ingredients in blender.
2. Blend until smooth.

Yield: 1 servings