NaturesPlus

Radish Jicama Salsa

INGREDIENTS

2 cups chopped radishes

1 cup chopped jicama

½ small red onion, chopped

2 scallions, thinly sliced

1 tbsp minced fresh jalapeño or serrano pepper

2 tbsp freshly squeezed

lemon or lime juice, or more to taste

1/4 cup chopped fresh cilantro leaves

Salt and freshly ground black pepper

- Put all the ingredients in a medium bowl and toss thoroughly to combine.
- Taste and adjust the seasoning—adding more jalapeño or serrano pepper, or lemon or lime, or salt and black pepper—as needed. Serve immediately or keep tightly covered for up to a day.

Yield: about 2 cups

Source: Roots: The Complete Guide to the Underground Superfood by Stephanie Pedersen (Sterling)