Natures Plus.

Grilled Spicy Watermelon

INGREDIENTS

1 tbsp lime zest (preferably 1 pinch salt from an organic lime)

1/4 cup lime juice

1 medium-sized watermelon

1/4 cup honey

1 tbsp fresh chopped cilantro

2 tsp garlic chili sauce

- Preheat grill to high. In a small bowl, whisk together lime zest, juice, 3 tbsp of the honey, garlic chili sauce and salt.
- 2. Cut watermelon into 1" thick wedges. Lightly drizzle each side with remaining honey and place on grill. Grill until just browned, about 2 minutes per side.
- Place watermelon slices on a plate and drizzle with lime dressing. Garnish with cilantro.

Yields: 8-10 servings

Source: Reprinted with permission from the National Watermelon Promotion Board