

Bluey Tangié Shake

INGREDIENTS

2 scoops SPIRU-TEIN Blueberries & Cream powder	2 tangerines
2 scoops Collagen Peptides powder	4 cups oat milk
2 cups mixed berries	2 cups ice
2 oranges	2 tsp açai

1. Combine ingredients in blender.
2. Blend until smooth.

Yield: 1 servings