

Blueberry Brain Boost Shake

INGREDIENTS

**2 scoops FRUITEIN Luscious
Blue Fruit Shake powder**

3 oz raspberries

4 oz blueberries

2 tbs chia seeds

3 oz frozen mixed berries

4 cups oat milk

2 cups milk

**3 tbsp fresh pineapple,
chopped**

1. Combine ingredients in blender.
2. Blend until smooth.

Yield: 1 servings